



P.S.V. COLLEGE OF ENGINEERING AND TECHNOLOGY

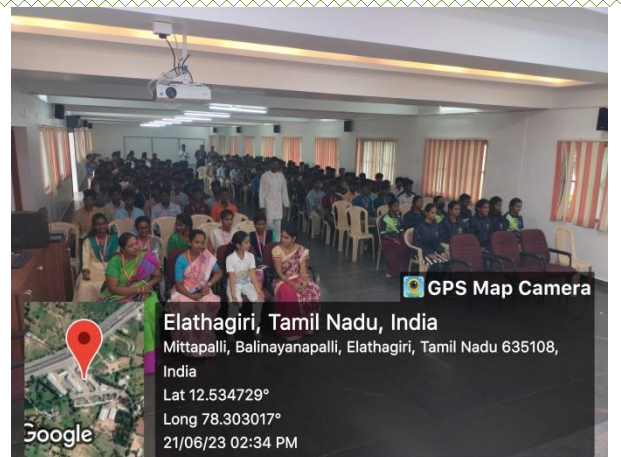
(Approved by AICTE and Affiliated to Anna University, Chennai)
Accredited by the NAAC with 'A' Grade
(Inclusion Under Section 2(F) & 12(b) of the UGC Act, 1956)
(An ISO 9001: 2015 Certified Institution)
Bangalore - Chennai Highway, (NH-46),
Mittapalli, Balinayanapalli Post, Krishnagiri - 635 108



NATIONAL CADET CORPS [5 TN Air Sqn (Tech), Salem]

Name of the Event	International Yoga day
Date	21.06.2023
Venue	PSV College of Engineering and Technology, Krishnagiri
No of Participants	21

Photos of the Event:



Telephone: 0427-2903319
e-mail:5tnairncc@gmail.com

5 (TN) Air Sqn (Tech) NCC
Thiyaga Brammam st
Subramania nagar, Salem - 05

No. 148/Yoga-23/Trg

12 June 2023

The Head of the Inst
(KONGU, NSIT, PSV)

The Principal

CONDUCT OF INTERNATIONAL YOGA DAY (IDY-2023) : REG

1. Refer NCC Gp HQs, Cbe Ir.No.1017/SSCDA/Yoga/ 23/Trg dt 16 May 2023.
2. The International Day of Yoga 2023 will be celebrated all over India on 21 June 2023. You are requested to conduct yoga on the Yoga Day with NCC Cadets, NCC AA and ANOs/CTOs/CTs .
3. **All JD/JW Institutions** : Yoga day will be conducted in your respective schools with NCC Cadets. Wide publicity on the event to be given in print media and social media like You tube, twitter etc.
4. **SD/SW Institutions(KEC, NSIT, PSV)** : Yoga day will be conducted in your respective Inst with Cadets. Wide publicity on the event to be given in print media and social media like You tube, twitter etc.
5. For info and further necessary action pl.




(V Muruganandam)
Gp Capt
Commanding Officer

Copy to :

- JD/JW ANOs/CTs - For info pl.
SD/SW ANOs/CTs - For info pl.

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NATIONAL CADET CORPS

5 TN Air Sqn (Tech)-PSVCET



Report of the Event

Name of the Program	International Yoga Day
Department	NCC 5 TN Air Sqn (Tech)/ PSVCET
Academic Year	2022-2023
Date of the Event	21.06.2023
Chief Guest	K.Venkatesan, Yoga Master, Krishnagiri.
Organizing Staff Details	Mr.G.Arun kumar, Care taker officer, 5 TN Air Sqn (Tech) NCC / PSVCET.
Number of Participants	21

Description of the program:

On June 21st, 2023, 5TN Air Sqn Tech NCC PSVCET Celebrated the International Yoga Day with great enthusiasm. The event attended by Department Heads/Principals, Professors from different department, all of whom demonstrated a keen interest in this ancient practice. The objective of this year's celebration, themed "Yoga for Vasudhaiva Kutumbakam," was to connect with a larger global community and promote the widespread adoption of yoga in every village in India.

The event commenced with a comprehensive introduction to Yoga Day by yoga master Mr. K.Venkatesan.. The program kicked off with warm-up exercises, during which all faculty members

Dr. P. LAWRENCE, M.E., Ph.D.
PRINCIPAL

**P.S.V. COLLEGE OF ENGINEERING
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and students are actively participated. They guided through various sitting and standing asanas. with simultaneous explanations of their significance. The instructors emphasized the importance of incorporating yoga into daily life and maintaining harmony between the body and mind. The session lasted for over an hour, witnessing active participation and engagement from all attendees. The yoga instructors provided detailed explanations of each pose and offered guidance on precautions to taken. Undoubtedly, it proved to be a successful event.

Photos of the Event:



NCC Cadets are trained by Yoga master on International Yoga Day at PSVCET Auditorium on 21.06.2023

Garun
14/6/23
CIP/NCC

Prof. G. ARUN KUMAR
NCC Care taker,
PSV College of Engg. & Tech.,
Krishnagiri-635 108,
[5 TN Air Sqn (Tech) NCC, Salom]

Lawrence

Dr. P. LAWRENCE, M.E., Ph.D.
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Principal

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14.06.2023

NATIONAL CADET CORPS

5 TN Air Sqn (Tech)-PSVCET



CIRCULAR

It has been decided to conduct the NCC Institutional Training Program on "International Yoga day" for the NCC Air wing cadets on 21.06.2023 in our college premises. Hence all the NCC cadets are informed to attend the program without fail.

Copy to
NCC CTO 16/23
Prof. G. ARUN KUMAR, M.E.
NCC Care taker,
PSV College of Engg. & Tech.,
Krishnagiri-635 108.
[5 TN Air Sqn (Tech) NCC, Salem]

Principal

Dr. P. LAWRENCE, M.E., Ph.D.
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Copy to:

1. The IQAC
2. Department Notice Board
3. Circular File

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Permission Letter

14.06.2023
Krishnagiri

From

G.Arun kumar,
NCC Care taker officer,
5 TN Air Sqn (Tech) NCC, Salem,
P.S.V College of Engineering & Technology,
Krishnagiri-635108.

To

The Principal
P.S.V College of Engineering & Technology,
Krishnagiri-635108.

Respected Sir ,


Subject: Seeking permission to organize an event "International Yoga Day"- reg

As part of the NCC Institutional Training Program, I would like to organize an event on "International Yoga day" for our NCC Air wing cadets on 21.06.2023 in our college premises. Kindly request you to give permission to conduct the program.

Thank you.

Yours truly,


14/6/2023
[G.Arun kumar]


Dr. P. LAWRENCE, M.E., Ph.D. Prof. G. ARUN KUMAR
PRINCIPAL NCC Care Taker Officer
P.S.V. COLLEGE OF ENGINEERING & TECHNOLOGY NCC Care taker,
MITTAPALLI, BALINAYANAPALLE PSV College of Engg. & Tech.,
KRISHNAGIRI Dt, 635 108 Krishnagiri-635 108.
TAMILNADU. 5 TN Air Sqn (Tech) NCC, Salem]



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NATIONAL CADET CORPS

5 TN Air Sqn (Tech)



Name of the Program

: International Yoga Day

Date of the Event

: 21.06.2023

Participants list

Academic Year

: 2022-2023

S.NO	REG. NUMBER	NAME OF THE CADETS	RANK	SIGN
1.	TN2022SWF989651	KALAIYARASI M	Flight Cadet	M. Kalaiyarasi
2.	TN2022SWF989652	SATHYA P	Flight Cadet	P. Sathya
3.	TN2022SDF989653	SANTHOSHKUMAR	Flight Cadet	S. Santhosh Kumar
4.	TN2022SDF989654	CHANDRU E	Flight Cadet	Chandru E
5.	TN2022SWF989655	SRIMATHI S	Flight Cadet	S. Srinathi
6.	TN2022SWF989656	MAHALAKSHMI S	Flight Cadet	S. Mahalakshmi
7.	TN2022SWF989657	NANISHA E	Flight Cadet	Nanisha E
8.	TN2022SDF989658	MADAN G	Flight Cadet	Madan G
9.	TN2022SWF989659	KARTHIGAYANI M	Flight Cadet	M. Karthigayani
10.	TN2022SDF989660	SATHISH T	Flight Cadet	T. Sathish
11.	TN2022SDF989661	POOVARASN P	Flight Cadet	P. Poovarasn
12.	TN2022SDF989662	SARAN K	Flight Cadet	S. Saran
13.	TN2022SDF989663	SRIKANTH A	Flight Cadet	A. Srikanth
14.	TN2022SWF989664	NANDINI G	Flight Cadet	G. Nandini
15.	TN2022SWF989665	JANANI K	Flight Cadet	K. Janani
16.	TN2022SDF989666	GOVINDHARAJ K	Flight Cadet	K. Govindharaj
17.	TN2022SWF989667	LOCHANA SHREE R	Flight Cadet	R. Lochana Shree
18.	TN2022SWF989668	RAMYA N	Flight Cadet	N. Ramya
19.	TN2022SDF989669	HARISH T	Flight Cadet	T. Harish
20.	TN2022SDF989670	MALLESHWARI M	Flight Cadet	M. Malleshwari
21.	TN2022SDF989671	SUDHARSAN R	Flight Cadet	R. Sudharsan

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NCC Care taker,
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